

Tutorial – room 1



C I V I C
COMPETENT INHABITANTS TO VALORISE INCLUSIVE COMMUNITIES

Introduction to the HERO Curriculum



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A flexible educational model to Housing addressed to local communities

HERO curriculum

HOUSING: AN EDUCATIONAL EUROPEAN ROAD TOWARD CIVIL RIGHTS

Non-formal education is any educational action that takes place outside of the formal education system, is part of a **lifelong learning concept** that ensures that young people and adult acquire and maintain **the skills, abilities and dispositions** needed to adapt to continuously changing environment.

Source: Council of Europe

Housing: a European ROAD towards civil rights



The **Curriculum** is the main tool created by the Hero partnership for training local communities on topics related to **housing** for people with experience of mental health issues.

Readers can get to know housing and find out how they can actively get involved to make our society more and more inclusive

Housing is more than a supported apartment, it is a system of social facilities into a network of human relations in a safe neighbourhood.

HERO targets are local community actors where Housing is active or can be activated, interested in non-formal and informal learning validation: civil society, volunteers, professionals, users and families: often low-skilled adults on community-based inclusion subjects.

In particular HERO's target groups are

- 1.** Citizens (volunteers, schools, neighbours, local residents, shopkeepers, etc)
- 2.** Mental health professionals
- 3.** Other Public Agencies
- 4.** Users and their families

Improving housing services through educational pathways meets both ethical and cultural interests and economical sustainability;

HERO will stimulate the local communities to face a number of needs to improve housing.

How to use the CURRICULUM

The Curriculum is divided into four modules, one for each of the target of the HERO project. The first module is dedicated to **Users and their Families**, followed by a module for **Mental Health Professionals**, one for **Other Organisations**, and finally **Citizens**.

Watch here a video explaining the HERO project

www.housing-project.eu



For each module you will find the following sessions

- A theoretical description of the topic with definitions, challenges regarding the topic and insights to face them and benefits regarding the topic.
- A more practical session including good practices aiming to raise awareness of the topic among participants, group activities based on Non-formal learning and the “Let’s practice” exercises aiming to actively process the previous theoretical description about the topic.

The Curriculum is based on skills and educational needs identified during the various phases of the HERO project

Contents and learning/training tools, strongly oriented to the target groups, as well as a [number of videos](#) created, define an integrated product for users and their families, health operators and ordinary citizens.

The Curriculum has the potential to facilitate the empowerment of local communities as well as the development of professionals through the acquisition of special skills that can foster users' independence and integration into the community.

The Housing Curriculum was first tested in Liverpool, United Kingdom in July 2018, with all the representatives of the partnership.

It will undergo a piloting phase for the evaluation of more than 200 people belonging to the project's target groups, and the Curriculum's final version will be available online on the project's website www.housing-project.eu in English, Greek, Italian, Dutch and Hrvatski.

